

Weekly tasks/activities for year 1

Year	Maths	Literacy	Science	Humanities/ art/ music	Active/keep fit
Year 1	<p>Remember to complete a maths lesson everyday on the White Rose maths website; <a href="https://whiterosemaths.com/homelearning/year-1/">https://whiterosemaths.com/homelearning/year-1/</a></p> <p>You can help your adults at home and practice counting in groups (2s, 5s and 10s).</p> <p>Go on a shoe size hunt! Can you record the size of everyone's shoe size? Order the shoe sizes from smallest to biggest.</p> <p>Go on a minibeast hunt in your garden or on a walk outside! <i>How many minibeasts can you find?</i> <i>Can you count them in 2's?</i></p> <p>Practise writing the numbers 1-30 in words and numerals. Challenge: Practise writing the numbers 1-50 in words and numerals.</p>	<p>Remember to read a book or a magazine daily and to visit Phonics Play online to practise your sounds.</p> <p>Read a story and see how many words you can find with the 'ai' sound. <i>Can you spot other ways to make 'ai'?</i> Write down all of the words you find.</p> <p>Can you create a story about being a stay at home superhero? What do you need to do to be a stay at home superhero? Remember to use the correct punctuation.</p> <p>Practice forming your letters correctly. <a href="https://www.doorwayonline.org.uk/activities/letterformation/">https://www.doorwayonline.org.uk/activities/letterformation/</a></p>	<p>Write a list of what makes us different to animals. <i>Is there anything that makes us similar?</i> <i>Why do humans do things differently?</i> <i>Could a lion be a teacher?</i></p> <p>Create a drawing of a plant you see outside. Label the different parts of a plant using this guide to help you. <a href="https://www.twinkl.co.uk/resource/t-t-10000130-parts-of-a-plant-powerpoint-">https://www.twinkl.co.uk/resource/t-t-10000130-parts-of-a-plant-powerpoint-</a></p> <p>On a walk outside, can you record how many different types of plants you can see? <i>How are the plants similar?</i> <i>How are they different?</i> <b>Challenge: record this in a tally chart</b></p> <p>Observe the trees and flowers you can see from your window or when you are on a walk. <i>What season do you think we are in now? Why?</i> <i>Can you sketch some of trees and flowers that you can see?</i></p>	<p>Remember to login to Purple mush and complete activities in 2do section</p> <p>Create a self-portrait of yourself as a monarch! What important items would you wear?</p> <p>Here is a piece of art by William Morris.</p>  <p><i>Can you research his art work?</i> Have a go at creating one yourself!</p>	<p>Remember to go out for your daily exercise together in the park or walk/scoot around quiet streets.</p> <p>Try these exercises in any order. Get your adult to time 1 minute and see how many you can do.</p> <p><b>Star jumps</b></p> <p><b>Hops</b></p> <p><b>Step ups</b></p> <p><b>Kicks</b></p> <p><b>Burpees</b></p> <p><b>Sit ups</b></p> <p><b>Lunges</b></p> <p><b>Squats</b></p>

	<p>Practise your number bonds to 10 and 20 by singing songs or playing Hit the Button.  <a href="https://www.topmarks.co.uk/maths-games/hit-the-button">https://www.topmarks.co.uk/maths-games/hit-the-button</a></p> <p>Stay fit and practise your counting with jack Hartman:  <a href="https://www.youtube.com/watch?v=7stosHbZZZg">https://www.youtube.com/watch?v=7stosHbZZZg</a></p> <p>Make a cake or do some baking with an adult in your home. Use weighing scales to weigh ingredients and compare what amounts are heavier/lighter.</p>	<p>Visit the Scholastic website and download the freely available Julia Donaldson home learning packs!</p> <p><i>How many Julia Donaldson books do you know or have read before?</i></p> <p><i>What is your favourite book and why?</i></p>	<p><i>Can you help your family stay healthy?</i></p> <p>Create a meal that has everything you need to stay healthy.</p> <p>Remember it needs to include:</p> <ul style="list-style-type: none"> <li>Vegetables</li> <li>Grains/carbohydrates</li> <li>Protein (meat, fish or tofu)</li> <li>Dairy</li> </ul>		
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