MONDAY TUESDAY WEDNESDAY **THURSDAY FRIDAY**

Mozzarella & Tomato Puff V

Spinach & Lentil 😯

Roast Vegetable Calzone V

Chickpea & Mixed 📦

Cheese & Tomato V

Margherita Pizza 🔻

lacket Potato 😯

Fish Fingers & Chips

Spicy Bean Burger (V)

Mexican Rice Wrap 😯



KFY

Vegan Friendly



Halal Option Available



MSC Fish

WEEK COMMENCING: 09 Nov / 30 Nov / 11 Jan / 01 Feb / 22 Feb / 15 Mar

MONDAY

Honey & Ginger Vegetable V Strips Stir Fry with Noodles

Quorn Paella 🔻

lacket Potato 😯

Carrots & Vegetable Medley

Fresh Fruit Salad with Natural Yoghurt

TUESDAY

Kheema Beef Curry (H)

Vegetable Lasagne V

'Chicken' Style 😯 Piri Piri Strips Wrap

Green Beans & Cauliflower

Yoghurt Bar

WEDNESDAY

Roast Turkev (H) with Gravy & Roast Potatoes

Macaroni Cheese 🔻

Butterbean & Vegetable 👽 Pattie & Roast Potatoes

Carrots & Green Cabbage

Pear & Mixed Berry Pie with Vanilla Ice Cream

THURSDAY

Thai Red Chicken 🕕 Curry with Rice

Roasted Vegetable Pizza V

Chickpea & Mixed 😯 Vegetable Balti with Rice

Sweetcorn & Broccoli

Cheese & Crackers

Battered Pollock

& Chips with Tartare Sauce

FRIDAY

Quorn Frankfurter V Hot Dog with Chips

Mixed Vegetable & Butter 😯 Bean Ragu with New Potatoes

Peas & Baked Beans

Fresh Fruit Salad with Natural Yoghurt

WEEK COMMENCING: 16 Nov / 07 Dec / 18 Jan / 08 Feb / 01 Mar / 22 Mar

MONDAY

Beef Spaghetti Bolognese 🕕

Tuna Mayonnaise Wrap

Tagine with Couscous

Carrots & Green Beans

Peach Fool

Butterbean & Vegetable 💡

Chicken Sausage (H) with Mashed Potato & Gravy

TUESDAY

Quorn Sausage V with Mashed Potato & Gravy

Jacket Potato with Vegetable 😯 & Lentil Bolognese

Green Cabbage & Cauliflower

Yoghurt Bar

WEDNESDAY

Roast Beef with Gravy (H) & Roast Potatoes

Quorn Roast with Gravy V & Roast Potatoes

Goan Vegetable Curry 🐶 with Rice

Carrots & Broccoli

Apple & Banana Cake with Custard

THURSDAY

Ierk Chicken (II) & Rice Burrito

Red Onion V & Sweetcorn Pizza

Vegetable Hotpot 💖

Sweetcorn & Roasted Mediterranean Vegetables

Cheese & Crackers

FRIDAY

Breaded Pollock & Chips

Cheese & Broccoli Quiche V with Chips

lacket Potato with Salmon Mayonnaise

Peas & Baked Beans

Fresh Fruit Salad with Natural Yoghurt

HOT MEALS ARE BACK! INTRODUCING YOUR NEW MENU

THANK YOU

This academic year has been like no other, which is why school lunches might have been a bit different recently. We'd like to say a big thank you for your support whilst we've been establishing the best approach for your school.

Where we've temporarily introduced packed lunches, we've been working hard behind the scenes to safely reintroduce hot meals.

We're now pleased to share the new menu with you, along with some of the great benefits school lunches can offer children and families!

WELLFOR WINTER

Eating well helps to build and maintain healthy immune systems, which is why we think it's so important children can enjoy healthy, warming lunches at school, wherever possible.

We know it's a difficult time for most right now so want to highlight five ways school meals have the power to support you and your child this winter.



Feeding Hungry Minds

YOUR SCHOOL LUNCHES ARE:





From implementing Covid-19 safety measures, to carefully catering for a range of special dietary needs, the safety of our people and diners is always our top priority. Our health and safety experts make sure our catering teams have everything they need to run a safe service each day and support them with risk assessments and regular service reviews.



Check out our 'back to school' quide for parents and carers to hear from our management and nutrition specialists.

EVEN HEALTHIER - AND STILL DELICIOUS!

ON AVERAGE, WE'VE REDUCED THE SUGAR **IN OUR MENUS BY 30%**



WE DON'T ADD ANY SALT TO **OUR RECIPES...**

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE **VEGGIES ON OUR MENUS**

We've committed to upping our veg count and are proud Peas Please pledgers. Find out more here!



WE'VE INTRODUCED MORE **PLANT-BASED OPTIONS**

So children have more choice when it comes to enjoying meatfree meals which can provide more fibre & less saturated fat!







Over 85% of our dishes are freshly prepared each day

All our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible a fact we love to show off through our partnership with Love British Food.

Our experienced cooks are passionate engaging dining experiences.





...AND ABSOLUTELY FREE FOR MANY, **INCLUDING EVERY CHILD IN KS1!**



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits could save you around £400 every year.



FOR KS2 CHILDREN. OUR **MEALS OFFER GREAT VALUE**

Few places offer homemade two course meals made from great ingredients at such a good price.



CHICK HERE TO FIND **OUT HOW** MUCH YOU CAN SAVE

TOP TIME SAVERS

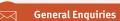


Leave the challenge of creating exciting lunches every day to us save time on shopping and chopping!

CONTACT US:

Payments and Meal Ordering

Nutrition Guidance



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