

Year 4		
Session	Learning Intention	Learning Outcomes
1	To explore the human lifecycle To identify some basic facts about puberty	Understand that puberty is an important stage in the human lifecycle Know some changes that happen during puberty
2	To explore how puberty is linked to reproduction	Know about the physical and emotional changes that happen in puberty Understand that children change into adults to be able to reproduce if they choose to
3	To explore respect in a range of relationships To discuss the characteristics of healthy relationships	Know that respect is important in all relationships including online Explain how friendships can make people feel unhappy or uncomfortable.