

<b>Year 5</b>		
<b>Session</b>	<b>Learning Intention</b>	<b>Learning Outcomes</b>
<b>1</b>	To explore the emotional and physical changes occurring in puberty	Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence
<b>2</b>	To understand male and female puberty changes in more detail	Understand how puberty affects the reproductive organs Describe what happens during menstruation and sperm production
<b>3</b>	To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty	Explain how to keep clean during puberty Explain how emotions/relationships change during puberty Know how to get help and support during puberty