

PE Curriculum Map Key Stage 1 and Key Stage 2

| | Autumn 1 | | Autumn 2 | | Spring 1 | | Spring 2 | | Summer 1 | | Summer 2 | |
|--------|--|--|---|--|--|--|--|--|--|---|---|--|
| | Indoor | Outdoor | Indoor | Outdoor | Indoor | Outdoor | Indoor | Outdoor | Indoor | Outdoor | Indoor | Outdoor |
| Year 1 | Real Gym Unit 1 Shape Travel | Real PE Unit 1 Personal Footwork One Leg Balance | Real PE Unit 2 Social Jumping and Landing Seated Balance | Running and Jumping | Real Gym Unit 2 Flight Rotation | Real PE Unit 3 Cognitive Dynamic Balance Stance | Real PE Unit 4 Creative Ball Skills Counter Balance | Circuit Training | Real Dance Unit 1 | Real PE Unit 5 Physical Sending and Receiving Reaction/ Response | Real PE Unit 6 Fitness Ball chasing Floor work | Throwing and catching |
| Year 2 | Real Gym Unit 1 Balance Travel | Millwall Football | Real PE Unit 2 Social Jumping and Landing Seated Balance | Real PE Unit 1 Personal Footwork One Leg Balance | Real Gym Unit 2 Flight Rotation | Real PE Unit 3 Cognitive Dynamic Balance Stance | Real PE Unit 4 Creative Ball Skills Counter Balance | Circuit Training | Real Dance Unit 1 Shapes, Partnering, Circles, Artistry | Real PE Unit 5 Physical Sending and receiving Reaction and response | Real PE Unit 6 Fitness Floor work | Real PE Unit 6 Fitness Ball Chasing |
| Year 3 | Real Gym Unit 1 Travel Rotation | Real PE Unit 1 Personal Footwork One Leg Balance | Real PE Unit 2 Social Jumping and Landing Seated Balance | Real Gym Unit 2 Flight Balance | Real Dance Unit 1 Shapes, Circles, Partnering, Artistry | Real PE Unit 3 Cognitive Dynamic Balance Ball Skills | Real PE Unit 4 Creative Sending and Receiving Counter Balance | Hockey | Real PE Unit 5 Physical Reaction and response Floor work | Swimming | Swimming | Real PE Unit 6 Fitness Ball Chasing Stance |
| Year 4 | Swimming | Cricket | Swimming | Cricket | Real Dance Unit 1 Shapes, Circles, Partnering, Artistry | Real PE Unit 1 Personal Footwork One Leg balance | Real BE Unit 2 Social Jumping and Landing Seated Balance | Real PE Unit 3 Cognitive Dynamic Balance Ball Skills | Real PE Unit 4 Creative Sending and Receiving Counter Balance | Basket Ball | Real PE Unit 5 Physical Reaction and Response Floor Work | Real PE Unit 6 Fitness Ball Chasing Stance |

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| Year 5 | Real PE Unit 1 Personal Ball Skills Reaction and Response | Millwall Football | Real PE Unit 2 Social Dynamic Balance Counter Balance | Real PE Unit 3 Stance Footwork | Swimming | Dance-Disney | Swimming | Dance-Disney | Real Dance Unit 1 | Real PE Unit 6 Fitness Sending and Receiving Ball Chasing | Real PE Unit 5 Physical Jumping and Landing One Leg Balance | Basket Ball |
| Year 6 | Swimming | Real PE Unit 1 Personal Ball Skills Reaction and Response | Swimming | Real PE Unit 3 Cognitive Stance Footwork | Real PE Unit 2 Social Dynamic Balance Counter Balance | Moving matters Athletics | Real PE Unit 4 Creative Seated Balance Floor Work | Cricket | Real Dance Unit 1 | Football | Real PE Unit 5 Physical Jumping and Landing One Leg Balance | Real PE Unit 6 Fitness Sending and receiving Ball Chasing |